

Natural and upcycled DECORATIONS for FESTIVE SEASON



This holiday season, small choices make a big difference. By creating handmade decorations and gifts, you reduce waste, reuse materials, and bring a personal touch to your celebrations.

ORANGE PEELS GARLAND



MATERIALS

- Oranges or mandarins
- Cookie cutters
- Thread, twine, or string
- Scissors or craft knife

STEPS

1. Peel the fruit, keeping the skin
2. Cut shapes
3. Air-dry for 2-5 days and turn occasionally
4. Thread the dried peels onto twine to make a garland

PLASTIC BOTTLES ORNAMENTS



MATERIALS

- Green & red bottle caps
- Glue
- Twine or ribbon

STEPS

1. Cut green paper in a leaf shape
2. Place a red cap in the centre (berries)
3. Glue caps together
4. Glue a ribbon for hanging

WOODEN STICKS TREE



MATERIALS

- Fallen sticks or driftwood
- Rope or twine
- Optional: dried orange slices, pinecones, or paper stars

STEPS

1. Collect sticks of different lengths
2. Clean and dry the sticks
3. Lay them flat in a triangular shape
4. Tie the rope down both sides of the sticks, leaving a loop at the top to hang
5. Decorate with different items

PLASTIC BOTTLES ORNAMENTS



MATERIALS

- Clear plastic bottles
- Scissors or craft knife
- Paint or markers
- Twine or ribbon

STEPS

1. Clean and dry the bottle
2. Cut the bottom section of the bottle
3. Trim into a snowflake shape
4. Decorate with paint or markers
5. Make a small hole near the edge
6. Thread ribbon through the hole and tie
7. Hang on the tree near lights to sparkle

COFFEE CAPSULES



MATERIALS

- Used coffee capsules
- Small beads
- Twine or thin ribbon

STEPS

1. Clean and dry capsules
2. Pierce a small hole at the top
3. Thread twine through the hole, adding a small bead to dangle inside
4. Tie a knot to secure
5. Hang on the tree as miniature bells

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Natural and upcycled GIFTS for FESTIVE SEASON



WOODEN COASTERS



MATERIALS

- Reclaimed wood
- Sandpaper
- Paint
- Twine

STEPS

1. Cut wood into squares or circles
2. Sand edges and surfaces
3. Paint your design (trees, snowflakes)
4. Let dry
5. Optional: seal with eco-varnish
6. Tie coasters together for gifting

FESTIVE TREAT JARS



MATERIALS

- Glass jars
- Chosen filling
- Ribbon or twine
- Small label

STEPS

1. Prepare your filling (granola, pecans)
2. Fill clean jars to the top
3. Add a ribbon and a small label with the contents and a short message

PRESSED FLOWER BOOKMARKS



MATERIALS

- Recycled cardboard
- Pressed flowers/leaves
- Glue
- Wax paper/eco-friendly sealant
- String or ribbon

STEPS

1. Press flowers for 5–7 days in a heavy book
2. Cut cardboard into bookmark shapes
3. Glue pressed flowers onto cardboard
4. Cover with wax paper or sealant
5. Punch a hole at the top and add ribbon or string

HOMEMADE SOY CANDLES



MATERIALS

- Soy wax flakes
- Cotton wicks
- Small glass jars (upcycled)
- Ribbon/Fabric strips

STEPS

1. Clean jars
2. Melt soy wax using a double boiler
3. Add essential oils for scent
4. Place wick in the centre and pour wax into the jar
5. Let cool completely
6. Tie fabric strips around the jar

ORANGE SCRUB JAR



MATERIALS

- Clean glass jars
- Sugar
- Coconut oil
- Orange zest
- Ribbon or twine
- Small label

STEPS

1. Mix sugar and orange zest
2. Add coconut oil and stir into a soft scrub
3. Add a few drops of orange essential oil (optional)
4. Pack into a clean jar and close tightly
5. Add a ribbon and a small label

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The holiday season is a time to pause, reconnect, and celebrate what truly matters. By making mindful choices, we can enjoy Christmas in a way that feels lighter on the planet and richer in meaning. Small actions can help us create traditions that are joyful, responsible, and sustainable for years to come.

QUESTIONS TO REFLECT ON:



What can I reuse before buying something new?



What habits do I have during the holidays that create unnecessary waste?



Is there something I can share with someone who needs it?



Which mindful habits from this Christmas can I maintain all year round?

For more resources on
PLANET-POSITIVE ACTION

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