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# SENIOR AMBASSADOR Changemaker Profile

ANNA ROWLANDS

## INTRODUCE YOURSELF

**AGE:** 14

**SCHOOL YEAR:** S3

**INTERESTS:** Writing, activism, reading, music, and playing the piano.

"Change happens by listening and then starting a dialogue with the people who are doing something you don't believe is right."  
— Jane Goodall



## What first **SPARKED** your interest in environmental issues?

Seeing the people around me having a lack of interest in the environment, and the people in charge doing little, if anything! I want to try to turn the crisis around! My mum has always been passionate about environmental action and has always encouraged me to do my part.

## What does your role as **REGIONAL REP** involve?

It involves raising awareness to people who can take action, raising my voice in situations on the app or in my own life when things need to change. Supporting and introducing ideas and conversations on the website. I love seeing hundreds of people find an amazing community online to find many more people just like them!

## What **BIG CHANGE** do you want to see in the **WORLD**?

I want to see governments all over the world actually listening to our voices and taking into account the things we want to see. We need political leaders that can see that young people have incredible ideas and if listened to, can change the course of climate change.

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## Your favourite **LIFESTYLE SWAP**?

From eating meat to becoming a veggie.

## Most memorable moments, or most rewarding aspect of being part of **THE POWER OF 10**?

My most favourite part of the program is the huge amount of resources that it offers. They make some really difficult sounding projects much simpler and less daunting. They have simple suggestions, steps and plans to adopt yourself and have been incredible to use myself.

## Favourite **THING** in **NATURE**?

A gorgeous forest in the Pentland Hills. It's a Scots pine forest that looks straight out of a fairytale! It is hundreds of years old and has a sort of obstacle course of naturally fallen trees. I go there often and it has a fantastic view of Midlothian.

## If you could ask everyone to do **1 THING FOR THE ENVIRONMENT** what would it be?

Think before you buy. Sometimes the decision to buy is a great one, but sometimes, it needs a second, or third thought.



